

North Cheyenne Cañon Trail Information

NOTE: Mileage on all trails is one-way.

Silver Cascade Falls Trail:

Length: About .3 miles from the **Helen Hunt Falls Visitor Center** to the top of the Silver Cascade Falls.

Elevation: Trailhead 7225', top of Silver Cascade Falls 7400'

General Description: Park in front of the Helen Hunt Falls Visitor Center, hike over Helen Hunt Falls and continue along the trail up to the Silver Cascade Falls. Hikers only.

PLEASE Stay Off Steep Rocks and Dangerous Waterfalls.

Help Prevent Soil Erosion and Protect Your Safety by staying on trails and behind safe boundaries.

Columbine Trail:

Length: About 4 miles from the **Starsmore Visitor and Nature Center** to the Upper Columbine trailhead near **Helen Hunt Falls**.

Elevation: Lower Columbine trailhead 6250', Mid Columbine trailhead 6500', Upper Columbine trailhead 7300'

General Description: This trail makes its way up the Canon from behind the Starsmore Discovery Center to the Upper Columbine trailhead near Helen Hunt Falls. The Mid Columbine trailhead is about 1 mile up the road from the main park gate by the Starsmore Discovery Center. The Upper Columbine trailhead is about 350' east of Helen Hunt Falls. Hikers, cyclists and equestrians can use this trail.

Spring Creek Trail:

Length: Trail itself, approximately .72 miles each way between Mid Columbine and Lower Gold Camp Road. The trail head on the Mid Columbine trail is 1.68 miles from Starsmore Visitor and Nature Center, .68 miles from Mid Columbine trail head, and 2.31 miles from Upper Columbine trail head. The Lower Gold Camp Road trail head is across from Captain Jacks Trail parking lot at the east end of Tunnel #1.

Elevation Gain: Approximately 175' (Spring Creek Trail only).

General Description: This trail serves as a connecting trail between Gold Camp Road/Captain Jacks Trail and the Columbine Trail. It is open to hiker and cyclists only.

Mt. Cutler Trail and Mt. Muscoco Trails: The trailhead is about 1.5 miles up the road from the **Starsmore Visitor and Nature Center**. Hikers only.

Mt. Cutler - Length: About 1.1 miles from the trailhead to the overlook just east of the summit of Mt. Cutler. The summit trail continues up to the north-west about .1 miles to the top.

Elevation: Trailhead 6785', highest point by the top of Mt. Cutler 7200', overlook 7050'

Mt. Muscoco - Length: A little over 2 miles from the trailhead to the Mt. Muscoco summit.

Elevation: Mt. Cutler trailhead 6785', Mt. Muscoco summit 8020'.

General Description: Follow Mt. Cutler Trail until Mt. Muscoco Trail sign points to the right. The trail gets steeper as you go along. After reaching a lookout area, the trail continues to the west. It now merges into the old trail and the footing becomes a bit rougher. At about the 2 mile point, there is a sign for "Mt. Muscoco Summit" with an arrow to the left. Now the hard part begins! Watch for cairns (small piles of rocks to mark the trail) and try to follow a poorly defined footpath. Stay towards the left side of the rock summit (looking up) as you ascend. This is a scramble! At the top, there is an easy trail (about 1/10 mile) to the right which ends at an overlook. The summit has a 360 degree view. Hikers only.

Stratton Open Space Trails:

Current Trail Lengths: Chamberlain-Ridgeway Spur: 1.1 miles; Gold Camp Path: .8 miles; Ponderosa: .4 miles; South Suburban Lower Loop: .4 miles; South Suburban Upper Loop: .6 miles; Stratton Springs Path: .5 mile; Upper Meadows Loop: .7 miles; Wildflower Path: .7 miles.

General Description: There are three trailheads that service the Stratton Open Space: 1) La Veta Way off Cresta Rd; 2) Ridgeway off W. Cheyenne Blvd. and 3) trailhead on north side of road about .3 miles up the road from the main park gate by the Starsmore Discovery Center. Most of the trails within the Stratton Open Space are easy to moderate in difficulty and offer "loops" that allow users to enjoy the Open Space. Keep in mind that all trails designated as "paths" are for hiking only; equestrians and cyclists may use all of the other loops.

The Chutes Trail: Suggested bicycle use only; hikers refer to Gold Camp Path (Stratton Open Space Trails).

Length: About 1.1 miles from the top of Gold Camp Rd. to the Chamberlain Ridgeway Spur between the reservoirs.

Elevation: Trailhead 6950', Chamberlain Ridgeway Spur between reservoirs 6500'.

General Description: This trail can be accessed from Stratton Open Space at the Ridgeway trailhead or at the La Veta trailhead. You can also reach the Chutes trail off of **Gold Camp Road**. Go past the Section 16 trailhead parking area and most of the houses. Look for the large rock with the pine tree growing out of it on the left. Beginning at the parking area on Gold Camp Rd., the Chutes is a popular trail for cyclists because of it's winding curves and extreme steep slope. Once at the reservoirs, there are several developed trails through the Stratton Open Space that can be accessed easily.

Captain Jack's Trail (1.2 miles in park; 2.25 miles in Pike National Forest):

Length: About 2.55 miles from the trailhead to the top of High Drive, about .9 miles from the top of High Drive to a saddle behind Mt. Buckhorn.

Elevation: Trailhead 7200', top of High Dr 7900', saddle behind Mt. Buckhorn 8200'.

General Description: The trailhead is directly east of Tunnel #1 at the multi-use trail sign. For those who are up for a real challenge, the Captain Jacks Trail joins with the Jones Park Trail at the saddle behind Mt. Buckhorn, and the trail continues for another 2.4 miles to Jones Park. The Captain Jacks Trail system is a **multi-use** system that allows hikers, bicyclists, equestrians, and motorcycles.

Access to Pike National Forest Trails Park approximately 1 mile above **Helen Hunt Falls** at the 4 way intersection of **North Cheyenne Cañon Road, Gold Camp Road, and High Drive**.

Seven Bridges Trail (Pike National Forest):

Length: About 1.5 miles one way.

Elevation Gain: 1,000 ft.

General Description: The trailhead is directly off the closed portion of Gold Camp Rd. (on the west side. Hike past the gate, which is in the northwest corner of the parking area, and follow the closed portion of Gold Camp Rd .7 miles to the trailhead. The trail is unmarked, so you will need to watch for the creek that goes under the road, and the trailhead will be on your right. Look for trail marker 622. This is a moderate hike, which criss-crosses Cheyenne Creek over a series of seven bridges.

St. Mary's Falls Trail (Pike National Forest):

Length: About 1.2 miles from parking area to trailhead, about 1.6 miles from trailhead to base of St. Marys Falls.

Elevation: Parking area 7500', trailhead at Tunnel #3 7700', base of St. Marys Falls 8800'

General Description: Hike along the closed portion of Gold Camp Rd. to Tunnel #3. Follow the trail up and over the tunnel and continue west from the trailhead to the base of St. Marys Falls.

